

FREE!



GRATIS!

GET REAL GET FIT!

@ Tempe Public Library

3500 S Rural Rd. (SW corner of Rural Rd. and Southern Ave.)

For Teens & their Families

SUNDAY
MAY 15TH 2005

1-3 PM

LIBRARY PROGRAM ROOM



SPREAD THE WORD!!!!

YOU'RE INVITED TO AN
AFTERNOON FESTIVAL OF FREE
FOOD, GAMES, PRIZES, AND
COMMUNITY INFORMATION ON
ACHIEVING A HEALTHY
LIFESTYLE AND MEETING
YOUR FITNESS GOALS!

TOP REASONS TO COME:

- ▶ **FREE** food and hands-on cooking demonstrations with Whole Foods-Yum!
- ▶ Get your questions answered by real health experts
- ▶ Check out a variety of local clubs, businesses, and teen groups that can help you achieve your goals
- ▶ Dance Dance Revolution booth- let's see what you got!
- ▶ Win booth prizes! Door prizes announced every half hour. **One lucky winner will take home the Grand Prize: a Dance Dance Revolution game and floor mat control!**
- ▶ Be a part of Teen programming @ your library! Meet the Teen Friends! Have fun!!!!

SPONSORS:

Get Real, Get Fit! Festival Programming is made possible through generous grant funding from MetLife Foundation and Libraries for the Future, a division of AMERICANS FOR LIBRARIES COUNCIL



Tempe Public Library
3500 S Rural Rd.
480-350-5000
www.tempe.gov/library

GET REAL GET FIT!
a project of
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